

REGISTRATION

Nutrition from the Masters

Presented by Dr. Chris Montanaro

Waterloo, NY

Sundays
8:00am - 5:00pm

Location:
Seneca County Office Building
1 DiPronio Drive | Waterloo, NY 13165

Tuition:
Per Session \$35
All 8 Sessions \$240

Register on line at:
www.wellnesscny.com

Questions about the course
email adamjdavis13@yahoo.com

Western New York Nutritional Services
PO Box 315
Greece NY 14515



New York Chiropractic College sponsors 8
hours of CEU's per session for D.C.'s in NY

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Waterloo, NY

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**Waterloo,
NY**

Presented by
Dr. Chris Montanaro
DC, DIBAK, DCBCN
*Diplomate, International Board of Applied
Kinesiology & Chiropractic Board of
Clinical Nutrition*

Nutrition from the Masters

Nutrition From The Masters is a challenging course. Dr. Chris will provide dynamic presentations, interactive workshops and plenty of repetition in order for you to complete the course and feel comfortable with the material. You will be able to translate that knowledge into helping your patients when you return to the office. If you are dedicated to multiplying your arsenal of tools and providing the highest quality of care to your patients, then this course is for you.

Whole Food Nutrition, Herbal Therapy & Nutraceutical Therapy will be integrated throughout entire course!
Current clinical research, peer reviewed journals, case studies and years of clinical application will be the basis for the information taught in class and utilized extensively

Session 1: October 17, 2010

History & Philosophy for Nutrition in the Clinical Setting
Whole Food vs. Synthetic Nutrition
Glandulars
Functional Healing vs. Pathological Treatment

Session 2: November 21, 2010

Digestion
 Organs
 Signs & Symptoms
 Physiology
 Testing
Clinical Nutrition associated with Digestion
Herbal Therapy in a Modern World

Session 3: December 5, 2010

Sugar Handling, Metabolism & Physiology
Chronic Degenerative Diseases
Fatigue
Diabetes
Heart Disease
Obesity
Inflammation
Adrenals

Session 4: January 23, 2011

Endocrine Disorders
 Male & Female
 Physiology
 Signs & Symptoms
Functional Testing & Examination
Nutritional & Herbal Insights

Session 5: February 13, 2011

Immune System
Autoimmune Disorders
Physiology
Allergies
Asthma

Session 6: March 6, 2011

Musculoskeletal System
 Examination
 Physiology
 Injury
 Disorders & Pathology
EFA Metabolism

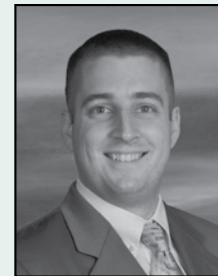
Session 7: April 3, 2011

Blood Chemistry
 Analysis & Interpretation
Correlation with Function & Clinical Findings

Session 8: May 8, 2011

Nutrition Testing
 Equipment Available Today
 Interpretation
 Tying it all together
Popular Diets
Food Portioning & Recipe's

Dr. Chris Montanaro



Dr. Chris graduated from New York Chiropractic College, and went on to receive his Diplomate in AK and in Nutrition. He is a member of the Board of Certified Teachers, which has been renamed the International Education Committee IEC. Post graduate studies include full body Active Release Technique certification, Whole Food Clinical Nutrition, Herbal Therapy, AK, and much more.

Dr. Chris enjoys training for and competing in Ironman events when not in the office. Dr. Chris is dedicated to teaching Applied Kinesiology & Nutrition to health professionals, and to expand their knowledge so they can better serve their patients.